BIBLE VERSES

HAVE A GO AT LOOKING THESE UP

- Matthew 19:26
- · Jeremiah 29:11
- Romans 8:28
- Genesis 45:5

RECAP THE STORY

GENESIS 37: 1-11

- Who was today's story about?
- Can you draw or write 3 facts you remember about the story?
- Reread today's story and then tell it to someone else in your own words.

PRAYER IDEAS

- Write down on a piece of paper some of the difficult times you have been through. Can you trust God that he is able to use these things as part of His plan for your life?
- Talk to God about how you feel when things don't go the way you planned.
- Use a Sharpie or felt tip and write across your list 'I choose to trust God.'
- Save your paper so when you are having a hard time you can remember God is in control.

ACTIVITIES

- Activity 1: You will need a bundle of small twigs, wool or string, a sheet of paper, and glue.
- Bundle the twigs into 12 bundles and tie each bundle with wool or string.
- Glue 11 bundles in a horseshoe shape onto the paper.
- Glue the 12th bundle into the middle of the others.
- Activity 2: Imagine you are Jacob and draw what you have dreamed.

- How would you have felt if you were one of Joseph's brothers in today's story?
- What do all the Bible verses you looked up have in common?
- If God had a plan for Joseph's life why do you think his life was sometimes very difficult?
- · Do you think God has a plan for your life?





1 SAMUEL: 17

YOUNG AND MIGHTY

DAY TWO
DAVID &
GOLIATH

BIBLE VERSES

HAVE A GO AT LOOKING THESE UP

- Joshua 1:9
- Psalm 31:24
- 2 Timothy 1:7
- Ephesians 6:10

RECAP THE STORY

1 SAMUEL: 17

- What was the Philistine's name in the story?
- What did David say he had fought to protect his sheep?
- What did Saul dress David in for battle?
- What did David choose to take instead?
- Who did David say was on his side?

PRAYER IDEAS

• What do you need courage for? What in life seems scary or overwhelming? Write down one thing you need God to give you courage for. Screw your paper up and throw it at an imaginary Goliath. Pray that God would give you courage when you feel scared or overwhelmed.

ACTIVITIES

- Activity 1: you will need a rock and paints or markers.
- What talents do you have? David used what he already had, his experience protecting sheep, and his knowledge that God would help him, to fight Goliath. How can you use your talent to help others?
- Write your talent on your rock and keep it to remind you to use it.
- Activity 2: Challenge someone in your family to see who can do the most jumping jacks, who can stand on one foot with their eyes closed the longest and who can look up 1 Samuel 17:47 first. Is it more important to be physically strong or strong in knowledge of God?

- · Do you think David was afraid? Why or why not?
- What makes you feel physically strong?
- · What makes you feel strong and full of courage?
- How can you learn to trust God more?





BIBLE VERSES

HAVE A GO AT LOOKING THESE UP

- 1 Timothy 4:12
- Titus 2:7
- Jeremiah 1:7
- Proverbs 20:11

RECAP THE STORY

1 SAMUEL: 17

- How old was Josiah when he became king?
- What did the High Priest find when he was cleaning and repairing the temple?
- When King Josiah heard the words in the scroll what did he do with the scroll?
- What did Josiah destroy?

PRAYER IDEAS

- Are there times when you make people, activities or possessions more important than God? Write down some of these things.
- Write a prayer to God asking him to help you make Him the most important thing in your life. If you made a scroll you can write the prayer in your scroll.

ACTIVITIES

- Make a scroll. You will need: 2 paper towel tubes, rolled parchment paper, or Kraft brown paper, ruler, scissors, pencil, white glue, ribbon.
- Trim your paper to the width of your tubes.
- Apply glue to your paper tube.
- Cover the tube with paper. Roll the top of the paper over the tube. Make sure it's lined up straight. Apply another line of glue onto the paper. Continue to roll until the paper completely covers the tube.
- Repeat with the other paper towel roll.
- Roll each side towards the center and tie with a ribbon or string.

- How will we know how to obey God?
- · How does putting God first help us become a positive influence on those around us?
- Is it always easy to put God first?
- What could you do to help you to put Jesus first in your life?





YOUNG AND MIGHTY

DAY FOUR
5 LOAVES & 2
FISHES

BIBLE VERSES

HAVE A GO AT LOOKING THESE UP

- Matthew 5:16
- Acts 20:35
- Proverbs 25:21
- Luke 16:10

RECAP THE STORY

JOHN 6:14

- Who were the main characters in today's story?
- Draw a picture of the boy's lunch showing how many loaves and fish there were.
- Did the disciples think there was enough food to feed everyone? How many people did they feed?

PRAYER IDEAS

- Draw two fish.
- On one fish write one thing you have that you could share.
- On the other write the name of a person or group of people that need help. Hold a fish in each hand and pray that God would use what you have to help other people.

ACTIVITIES

- · Activity One: Using the ordinary.
- Draw something ordinary that you use every day such as a pencil, a spoon or a tooth brush.
- Now think of two or more ways you can use that item in a way that's different from what it's normally used for. For example, a spoon could help build a sand castle. A toothbrush can scratch your back.
- Activity 2: Using modelling clay, plasticine or playdough make a fish to remind you that God can use the ordinary.

- If you had two pairs of shoes and someone else had none would you give them your second pair of shoes? Why or why not?
- What do you think the little boy was feeling when he saw Jesus use his gift for the miracle?
- What are some reasons Jesus might work with ordinary people and things when he does miracles?





LUKE 2: 41-52 YOUNG AND MIGHTY

DAY FIVE
JESUS IN THE
TEMPLE

BIBLE VERSES

HAVE A GO AT LOOKING THESE UP

- Psalm 119:105
- 2 Peter 3:18
- Proverbs 22:6
- James 1:5

RECAP THE STORY

JOHN 6:14

- How old was Jesus when his parents travelled with him to the temple?
- · What city was the temple in?
- Why were the people in the temple amazed at Jesus?
- What did Jesus say when his parents found him?

PRAYER IDEAS

- Use your foot cut out you made in activities.
- Turn your foot cut out over and write on it two things you can do to help you learn more about God.
- Now write two ways you can share what you learn with other people.
 Pray that God will give you wisdom and opportunities to show others what you have learnt.

ACTIVITIES

- Activity One: Follow in Jesus's footsteps. Supplies: card, scissors, colouring pens, any craft supplies to decorate with.
- Draw around your foot on the card.
- Cut out the shape of your foot.
- Decorate your cut out foot on one side only.
- Activity 2: My yearly goals chart. Supplies: large piece of paper, pen, ruler.
- Print or make a goals chart. Think about the goals you want to achieve this year that will bring you closer to God and write them on the left. When you achieve that goal write the date on the right.

- How is your attitude like/unlike Jesus when you hear God's word taught?
- · What are you doing to learn more about God?
- How can learning more about God help you in your daily life?
- · Who can you share the Good News of Jesus with this week?





YOUNG AND MIGHTY

DAY SIX
JESUS
WELCOMES AND
BLESSES
CHILDREN

BIBLE VERSES

HAVE A GO AT LOOKING THESE UP

- Romans 5:8
- Psalm 103:17
- 1 Peter 5:7
- 1 John 4:4

RECAP THE STORY

TRUE OR FALSE?

- The disciples wanted money in exchange for blessing children.
- Jesus said the children were perfect. We can trust in God to care for us.
- The kingdom of heaven will include arrogant people.

PRAYER IDEAS

- Teaspoon prayers T= Thank You S= Sorry P= Please
- On a piece of paper, write T at the top, S in the middle and P at the bottom.
- Under T, write things you are thankful to God for.
- Under S, write things you are sorry for.
- Under P, write any requests you have for God.

ACTIVITIES

- Activity One: Paper doll chains. Supplies: paper, scissors, pencil, colouring pens or pencils.
- Take a piece of paper (8.5x11) and cut it lengthways.
- Fold into quarters like an accordion (pleated style).
- Draw a figure of a person on the top layer. Be sure the arms extend beyond the edge of the folded sheet. Cut the figure out and unfold. Do not cut on the pleated side.
- You should now have a row of figures holding hands. Decorate the figures as you want.
- Activity 2: Thumbprint people. Supplies: paper, paint or ink pad. Pen or pencil.
- Place your thumb on an ink pad or in some paint and press it onto a piece of paper.
- Repeat several times, wash your hands, then add a head, arms and legs to your thumbprint to make people.

- Why do you think the disciples didn't want people to bring children to Jesus?
- · What has made you scared or frustrated recently?
- Have you learnt anything about yourself as you have gone through these times?
- In what ways does God bless you?



